safetxt newsletter

Total: 2616 participants

News an<u>d Recruitment</u>

Hello teams, I cannot express enough how much we appreciate your efforts you have put in your teams to recruit to safetxt over the summer. I know most of you have been putting in a lot of extra time, going above and beyond the call of duty, and this has helped to ensure that we meet our target.

We are so happy to see your hard work resulting in success! We have gone beyond the <u>halfway</u> goal of 5000 participants. As we go into autumn, our monthly targets are increasing. From September, we need recruit at least 300 participants per month to meet our end target and I know that you are all more than capable of helping us to reach this goal. We now have over 40 sites taking part and if everyone recruits just one more participant next month compared to last month it will allow us to meet our goals. We will be highlighting all our sites that improve each month on the improvers board (right).

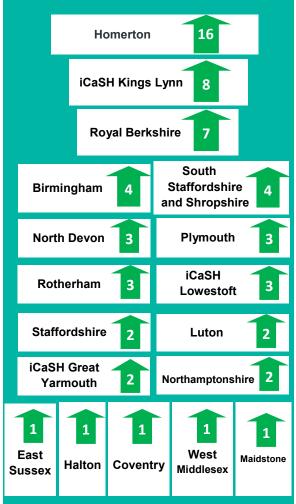
We will be sending more leaflets this month to all of our teams based in University towns so that you are well prepared for Fresher's week. Please let us know if your not based near a university and would like more cards or leaflets sending out.

This month, we welcomed the Royal Wolverhampton team to the study. Well done to Anjum, and Sarah, and the rest of the team for having a brilliant start to the month.

Congratulations to Sam and our team in iCaSH Norwich for recruiting their 100th participant this month!

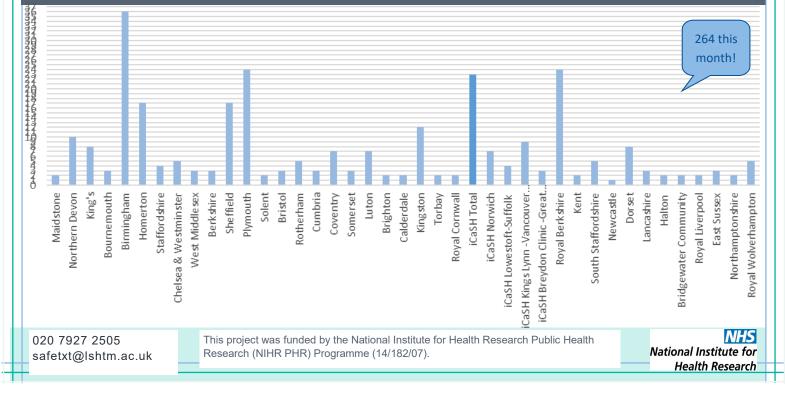
Well done to Monica, Onoshoze and our Homerton team for having their highest ever recruiting month too!

Finally, a very well done to Magda and the Birmingham team for having their highest ever recruiting month with 36 participants!



Monthly Recruitment graph

(please go to http://safetxt.lshtm.ac.uk/recruitment/ to see total recruitment figures)



Edition 15– September 2017

IMPROVERS THIS MONTH

safetxt in Royal Berkshire

Our wonderful team in the Royal Berkshire have only been recruiting since January 2017, and have recruited a phenomenal 130 participants into the trial so far. They have set up a fantastic method for identifying participants, and recruitment rates for the Royal Berkshire trust have been improving incredibly throughout the year.

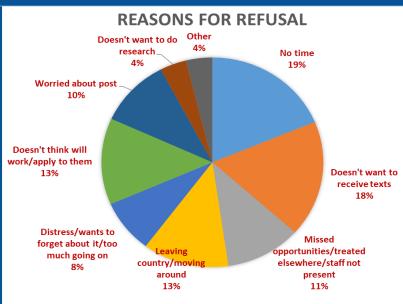
Research nurses, Sheila O'Connor and Candy Brown (pictured right) both work shifts to cover the course of each day. Chrissie Ambrose, our Research Co-ordinator, also helps to recruit occasionally.

Our clinic is the only clinic in South East England to be open for 12 hours a day (7am to 7pm) from Monday to Friday. For that reason, we are very fortunate that there are many opportunities throughout the day to recruit to the study. Patients come for a test and then texted their results. The notes for patients returning for treatment are kept in a



basket. We pick out the notes of those patients who are aged 16-24 years old. All staff are aware of the eligibility criteria so can refer eligible patients to us too. All appointments are walk in. Staff are all aware what room we are in and let us know when there is an eligible patient. We recruit with paper forms. We will tell participants about the study, and ask if they have any questions. We ask them if they would like to go ahead, then if they agree we hand them the paper forms to complete. It takes around 5-10 to minutes for the whole process.

A massive well done to both Sheila and Candy for keeping things going, and it is a great privilege have you both working on the trial.



Screening Log data

Many thanks to everyone for sending back the screening log data every month. It is a really helpful way to see why participants do not want to take part and helps us to look at how we can address any recurring reasons. Patients are well within their right to refuse but we will look closely at some of these reasons each month as providing a little more clarity may encourage them to want to take part.

This month we will review: leaving country/moving around
 Participants are sent a text to ask them to confirm their current address the week before we send them the questionnaires by post.

 Participants can also respond to any of the texts we send to them with an updated address at <u>any point during</u> <u>the study</u>. If they are planning to be at various addresses at different points then we can change it accordingly.

• This can especially be good for students who may change addresses over terms.

We are more than happy to send questionnaires to

participants living at an overseas address, as long as they are planning to use the same mobile phone number whilst travelling (to ensure that they are receiving the text messages).

If participants are away for shorter periods and planning to return using the same mobile phone number then we can send
questionnaires to them overseas too
 – providing that they will be receiving the texts on their return.

Staff Profile—Megan Knight

Hi everyone. I'm Megan and I have been working as a trials assistant on the safetxt trial for 6 months. I am helping with sending out follow up questionnaires and carrying out follow up phone calls with participants in order to obtain 4 week and 1 year data.

In my spare time I am a freelance fashion print designer and enjoy travelling and cooking.

I look forward to working with you all and getting to know you better.



Hamper winners

The news everyone has been waiting for. The winners of the safetxt hamper are...

Well done Rotherham, we will send out your winning hamper this week!

And a very well done to all of our biscuit Friday winners throughout the month: Bristol, Liverpool, Dorset, and Kingston.

Contact us: 0207 927 2505

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National Institute for Health Research

ROTHERHAM